

## Coaching Conversations

**Do you find it difficult to structure conversations to help your staff perform at their best?**

**Do you often find that your default is to give advice? Would you like to explore other ways of supporting them?**

**Would you like to help them improve their decision making and problem solving?**

**Would you like to facilitate their professional development?**



## You don't need to be a professional coach to hold effective coaching conversations

Take this 1/2 day online workshop to kickstart your coaching conversation skills. Coaching conversations have been part of our science leadership work since 2013. Martin Bloxham, the workshop facilitator is a successful professional coach with clients in academic, research and government organisations.

### What coaching clients have said:

*"Thank you for the great coaching sessions you delivered. They have not only been helpful, but also, instrumental in me successfully negotiating my recent promotion."*

*"My coaching sessions with Martin were great. I really enjoyed them and particularly appreciated how he tailored each one to my needs. I feel that Martin's coaching helped me to think more strategically about my work and what I need to do to get where I want to be."*

*"Martin, the work you are doing with my deputy head has done wonders for his confidence, he is performing exceptionally well at work and is a huge asset for us both in terms of his technical abilities but also, his insightful management and his capacity to think and act strategically."*

*"I found the sessions to be relaxed and enjoyable, which has created an environment where I feel comfortable to be challenged without judgement."*

### In the workshop you get:

- A practical coaching conversations toolkit.
- The space to hone your skills through peer group working
- Time to reflect on what you need to improve.
- An action plan to move you forward.

### The workshop will enable you to:

- Understand the power of using a coaching style when supporting others.
- Learn and apply coaching tools in a safe environment.
- Practice coaching conversations with other science professionals.
- Apply the skills in the workplace.

## Fees & Registration

**Workshop fees are £125 + VAT / £75 + VAT Earlybird**

For more information see the [Barefoot Website](#) and [Booking page](#)

Contact:

**Martin Bloxham**  
Barefoot Thinking Company Ltd

Tel: 07811 557324  
[martin@barefoot-thinking.com](mailto:martin@barefoot-thinking.com)